

Aim and Roll



Are you looking for ways to keep siblings amused and engaged? This activity is fun for the whole family and can be set up in just 5 minutes. Tape some plastic cups to the edge of a table or kitchen island (rim side up). Find some balls that you can roll from the other end of the tabletop into the cups.

Variations:

- Assign points to each of the cups. First to ten wins! (focus on numeracy and adding)
- Assign an animal to each of the cups and if you roll the ball into the "dog" cup then you have to act like or make the sound of a dog (focus on dramatic play)
- Assign letters to the cup and if you roll the ball into the "H" cup then you have to say a word beginning with that letter (focus on literacy and phonics)
- Bounce the balls into the cups rather than rolling them (focus on hand eye coordination and fine motor skills)

What You Will Need:

- A tabletop
- Plastic drinking cups (about 4-6 cups)
- Tape
- Balls to roll into the cup or you can use small toy cars

Engaging Your Child

During this period where families are practicing social distancing and advised to stay home, it can get difficult to come up with some fresh games to keep everyone entertained. Children really enjoy when their parents and siblings participate in activities altogether. Set up the game and explain how to play. Take turns and encourage one another, "Oh that was really close. What if you roll it a little softer on your next turn?" Play in teams and try out the different variations while it's already set up.