Summer Bucket List!!



Where to go! & What to do!





















Several outdoor recreational amenities are now permitted to be open as of June 11 under Step One of Ontario's Roadmap to Re-open.

COVID-19 Notice: Physical distancing is required and individuals must maintain a distance of at least two metres from each other.

Residents are asked to self-assess for COVID-19 symptoms before attending and not use the splash pads if exhibiting symptoms of COVID-19.

Where to go?

Splash Pads – The Region of Peel Splash Pads are open! Click on the link to access the information.

Find a park – City of Mississauga

<u>City of Brampton | Recreation | Splash Pads and Wading Pools</u>

Town of Caledon Listings - splash pads

Waterfront Destinations – please review guidelines: COVID-19 Guidelines.pdf (peelregion.ca)

<u>Jack Darling Park, Mississauga, Lakefront Promenade – City of Mississauga</u>

City of Brampton | Recreation | Eldorado Park

Nature Trails - You will find some of the best hiking and nature trails in Ontario right here in Peel. Stay on the marked trails and have fun exploring.

Nature trails in Peel Region • Ontario Nature Trails

Ontario Parks – Free weekday use! Enjoy the outdoors by providing free weekday daily vehicle permits from May 1 to September 2, for all provincial parks Mondays through Thursdays.

Welcome to Ontario Parks

Farmers Markets – Farmers' Market will be operated in accordance with all required orders and guidelines to prevent the spread of COVID-19 from the Province of Ontario and Peel Region Public Health.

Farmer Markets (visitmississauga.ca)

<u>City of Brampton | Brampton Markets | 2021 Brampton Farmers'</u> <u>Market</u>

Farm Fresh - Town of Caledon (visitcaledon.ca)

What to do?

Bake cookies - try this recipe!

- 2 small ripe bananas
- 1.5 cups of oats
- 5 tablespoons chocolate chips
- Mash together and form balls
- Bake in a preheated oven at 325
- Bake until golden- 20-28 minutes

Plant flowers or herbs

Fly a kite

Send a letter to a friend

Paint rocks

Have an outdoor tea party

Make playdough - try this recipe!

- 1 cup of flour
- ¼ cup of salt
- 3 tablespoons of lemon juice
- 1 tablespoon of oil
- Food colouring (optional)
- Mix dry ingredients add wet ingredients until formed

Go for a picnic

Build a fort

Blow bubbles - try this recipe!

- 3 cups of water
- ½ cups of dish soap
- Slowly add the soap to the water

Play outside on a rainy day

Make fruit popsicles – try this recipe!

- 4 cups mango or any fruit
- 1 ripe banana
- ¼ cup yogurt
- ¼ cup honey (agave, maple syrup)
- Puree and fill popsicle molds, or ice cube trays and add popsicle sticks, or toothpicks

Have a dance party - here are a few suggestions!

- Chicken Dance by the Emeralds
- Freeze Dance by Kiboomers
- Shake My Sillies Out by Raffi
- YMCA by Village People

Make an obstacle course

Learn something new

Make a time capsule

Play Simon says



Visit these links for more summer fun ideas!

The ParticipACTION budget-friendly summer guide to physical activity | ParticipACTION

<u>Keep kids busy with Active for Life's summer "day camp" — at home - Active For Life</u>